

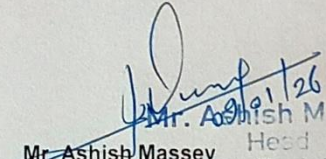
**Department of Physical Education**  
**Sam Higginbottom University of Agriculture, Technology and Sciences**  
**Prayagraj (U.P)**

Programme: B.P.Ed 2<sup>nd</sup> Semester

Session: January to June, 2026

Period	Monday	Tuesday	Wednesday	Thursday	Friday
Field Practical 6:25 – 8:00 am	Track & Field (Jumping Event), Yoga, Badminton , Teaching Practice				Intramural Competition
I 9:05- 9:50am	Educational Tech & Methods of Teaching in Phy. Edu.	Educational Tech & Methods of Teaching in Phy. Edu.	Yoga Education	Organization & Administration in Physical Education	
II 9:55 -10:40am	Yoga Education	Organization & Administration in Physical Education	Organization & Administration in Physical Education	Yoga Education	
III 10:45 - 11:30am	Organization & Administration in Physical Education	Sports Nutrition & Weight Management	Sports Nutrition & Weight Management		
IV 11:35 am - 12:20 pm	Sports Nutrition & Weight Management	Educational Tech & Methods of Teaching in Phy. Edu.	Educational Tech & Methods of Teaching in Phy. Edu.		
V 12:25 -1:10 pm		Yoga Education		Sports Nutrition & Weight Management	
1:10 -2:40	<b>Lunch Break</b>				
VI 2:50- 4:30 pm	Track & Field (Jumping Event), Yoga, Badminton , Teaching Practice				Intramural Competition
VII 4:35-5:20 pm					

S.No	Course Code	Credit Hours	Subject	Teacher Name
1	PED 504	(4-0-0)4	Yoga Education	Mr. Rakesh Sahu
2	PED 505	(4-0-0)4	Educational technology & Methods of Teaching in Phy Edu	Mr. Ashok Kumar Singh
3	PED 506	(4-0-0)4	Organization & Administration in Physical Education	Mr. Ashish Massey
4	PED 514	(4-0-0)4	Sports Nutrition & Weight Management	Mr. Ajay Kumar
5	PED 522	(0-0-8)4	Track & Field (Jumping Event) Practical	Dr. Sunita B John
6	PED 525	(0-0-8)4	Yoga (Practical)	Mr. Rakesh Sahu
7	PED 528	(0-0-8)4	Badminton (Practical)	Mr. Ajay Kumar
8	PED 531	(0-0-8)4	Teaching Practice General Lesson (Practical)	Dr. Achint Tarrance

  
**Mr. Ashish Massey**  
 Head,  
 Department of Physical Education  
 SHUATS, Prayagraj  
 Dept. of Physical Education  
 SHUATS, Prayagraj