

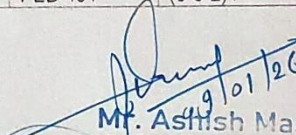
Department of Physical Education
Sam Higginbottom University of Agriculture, Technology and Sciences
Prayagraj (U.P)

Programme: BPES 4th Semester

Session: January to June, 2026

Period	Monday	Tuesday	Wednesday	Thursday	Friday
Field Practical 6:25 – 8:00 am	Yoga, Table tennis, Teaching Practice (General Lesson)				Intramural Competition
I 9:05- 9:50am	Kinesiology				
II 9:55 -10:40am	Management of Physical Education	Kinesiology	Kinesiology		
III 10:45 -11:30am	Basics of Sports Training	Basics of Sports Training	Management of Physical Education	Management of Physical Education	
IV 11:35 am -12:20 pm					
V 12:25 -1:10 pm				Basics of Sports Training	
1:10 -2:40	Lunch Break				
VI 2:50- 4:30 pm	Yoga, Table tennis, Teaching Practice (General Lesson)				Intramural Competition
VII 4:35-5:20 pm					

S.No	Course Code	Credit Hours	Subject	Teacher Name
1.	PED 414	(3-0-0)3	Kinesiology	Dr. Sunita B. John
2.	PED 415	(3-0-0)3	Basics of Sports Training	Mr. Ashok Kumar Singh
3.	PED 416	(3-0-0)3	Management of Physical Education	Dr. Achint Tarrance
4.	PED 440	(0-0-8)4	Yoga (Practical)	Mr. Rakesh Sahu
5.	PED 441	(0-0-8)4	Table Tennis (Practical)	Mr. Ajay Kumar
6.	PED 442	(0-0-8)4	Teaching Practice (General Lesson) Practical	Mr. Ashish Massey
7.	PED 451	(0-0-2)1	Comprehensive Viva -Voce	Mr. Ashish Massey


Mr. Ashish Massey
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