

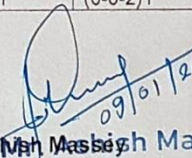
**Department of Physical Education**  
**Sam Higginbottom University of Agriculture, Technology and Sciences**  
**Prayagraj (U.P)**

Programme: BPES 2<sup>nd</sup> Semester

Session: January to June, 2026

Period	Monday	Tuesday	Wednesday	Thursday	Friday
Field Practical 6:25 – 8:00 am		Athletics, Kabaddi, Kho-Kho			Intramural Competition
I 9:05- 9:50am	Moral And Value Education	Moral And Value Education			
II 9:55 -10:40am		Anatomy and First Aid -II			
III 10:45 -11:30am	Anatomy and First Aid -II	English For Professionals	Moral And Value Education	English For Professionals	English For Professionals
IV 11:35 am -12:20 pm	History of Physical Education	History of Physical Education	Anatomy and First Aid -II		
V 12:25 -1:10 pm			Anatomy and First Aid -II		
1:10 -2:40	Lunch Break				
VI 2:50- 4:30 pm		Athletics, Kabaddi, Kho-Kho			Intramural Competition
VII 4:35-5:20 pm					

S.No	Course Code	Credit Hours	Subject	Teacher Name
1.	MVE 301	(3-0-0)3	Moral And Value Education	Mr. Ashish Massey
2.	PED 314	(3-0-0)3	Anatomy and First Aid -II	Mr. Ajay Kumar
3.	PED 315	(2-0-0)2	History of Physical Education	Dr. Sunita B. John
4.	LNG 301	(3-0-0)3	English For Professionals	Mrs. Ankita Nath
5.	PED 334	(0-0-8)4	Athletics (Practical)	Dr. Sunita B. John
6.	PED 335	(0-0-8)4	Kabaddi (Practical)	Mr. Ashok Kumar Singh
7.	PED 336	(0-0-8)4	Kho-Kho (Practical)	Mr. Ashok Kumar Singh
8.	PED 351	(0-0-2)1	Comprehensive Viva -Voce	Mr. Ashish Massey

  
 09/01/26  
**Mr. Ashish Massey**  
 Head,  
 Department of Physical Education  
 SHUATS, Prayagraj

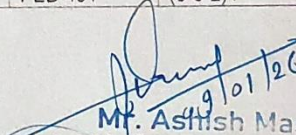
**Department of Physical Education**  
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**Prayagraj (U.P)**

Programme: BPES 4<sup>th</sup> Semester

Session: January to June, 2026

Period	Monday	Tuesday	Wednesday	Thursday	Friday
Field Practical 6:25 – 8:00 am	Yoga, Table tennis, Teaching Practice (General Lesson)				Intramural Competition
I 9:05- 9:50am	Kinesiology				
II 9:55 -10:40am	Management of Physical Education	Kinesiology	Kinesiology		
III 10:45 -11:30am	Basics of Sports Training	Basics of Sports Training	Management of Physical Education	Management of Physical Education	
IV 11:35 am -12:20 pm					
V 12:25 -1:10 pm				Basics of Sports Training	
1:10 -2:40	Lunch Break				
VI 2:50- 4:30 pm	Yoga, Table tennis, Teaching Practice (General Lesson)				Intramural Competition
VII 4:35-5:20 pm					

S.No	Course Code	Credit Hours	Subject	Teacher Name
1.	PED 414	(3-0-0)3	Kinesiology	Dr. Sunita B. John
2.	PED 415	(3-0-0)3	Basics of Sports Training	Mr. Ashok Kumar Singh
3.	PED 416	(3-0-0)3	Management of Physical Education	Dr. Achint Tarrance
4.	PED 440	(0-0-8)4	Yoga (Practical)	Mr. Rakesh Sahu
5.	PED 441	(0-0-8)4	Table Tennis (Practical)	Mr. Ajay Kumar
6.	PED 442	(0-0-8)4	Teaching Practice (General Lesson) Practical	Mr. Ashish Massey
7.	PED 451	(0-0-2)1	Comprehensive Viva -Voce	Mr. Ashish Massey

  
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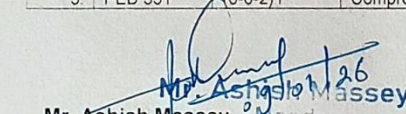
**Department of Physical Education**  
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**Prayagraj (U.P)**

Programme: BPES 6<sup>th</sup> Semester

Session: January to June, 2026

Period	Monday	Tuesday	Wednesday	Thursday	Friday
Field Practical 6:25 – 8:00 am	Game officiating, Techniques, Tactics and Ground Marking, Sports Specialization (Coaching Lesson)				Intramural Competition
I 9:05- 9:50am	Correctives & Rehabilitation in Physical Education	Sports Specialization - II	Correctives & Rehabilitation in Physical Education (Practical)	Sports Specialization - II	
II 9:55 -10:40am	Test & Measurement in Physical Education				
III 10:45 - 11:30am	Sports Specialization- II		Sports Specialization - II		
IV 11:35 am - 12:20 pm		Test & Measurement in Physical Education	Test & Measurement in Physical Education	Correctives & Rehabilitation in Physical Education	
V 12:25 -1:10 pm	Correctives & Rehabilitation in Physical Education	Correctives & Rehabilitation in Physical Education	(Practical)	Test & Measurement in Physical Education	
1:10 -2:40	<b>Lunch Break</b>				
VI 2:50- 4:30 pm	Game officiating, Techniques, Tactics and Ground Marking, Sports Specialization (Coaching Lesson)				Intramural Competition
VII 4:35-5:20 pm					

S.No	Course Code	Credit Hours	Subject	Teacher Name
1.	PED 514	(3-0-2)4	Test & Measurement in Physical Education	Mr. Rakesh Sahu
2.	PED 515	(4-0-2)5	Correctives & Rehabilitation in Physical Education	Mr. Ajay Kumar
3.	PED 516	(6-0-0)6	Sports Specialization -II	Dr. Achint Tarrance
4.	PED 546	(0-0-10)5	Game officiating, Techniques, Tactics and Ground Marking, Sports Specialization (Coaching Lesson)	Mr. Ashish Massey
5.	PED 551	(0-0-2)1	Comprehensive Viva -Voce	Mr. Rakesh Sahu

  
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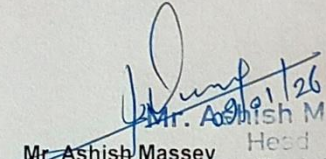
**Department of Physical Education**  
**Sam Higginbottom University of Agriculture, Technology and Sciences**  
**Prayagraj (U.P)**

Programme: B.P.Ed 2<sup>nd</sup> Semester

Session: January to June, 2026

Period	Monday	Tuesday	Wednesday	Thursday	Friday
Field Practical 6:25 – 8:00 am	Track & Field (Jumping Event), Yoga, Badminton , Teaching Practice				Intramural Competition
I 9:05- 9:50am	Educational Tech & Methods of Teaching in Phy. Edu.	Educational Tech & Methods of Teaching in Phy. Edu.	Yoga Education	Organization & Administration in Physical Education	
II 9:55 -10:40am	Yoga Education	Organization & Administration in Physical Education	Organization & Administration in Physical Education	Yoga Education	
III 10:45 - 11:30am	Organization & Administration in Physical Education	Sports Nutrition & Weight Management	Sports Nutrition & Weight Management		
IV 11:35 am - 12:20 pm	Sports Nutrition & Weight Management	Educational Tech & Methods of Teaching in Phy. Edu.	Educational Tech & Methods of Teaching in Phy. Edu.		
V 12:25 -1:10 pm		Yoga Education		Sports Nutrition & Weight Management	
1:10 -2:40	<b>Lunch Break</b>				
VI 2:50- 4:30 pm	Track & Field (Jumping Event), Yoga, Badminton , Teaching Practice				Intramural Competition
VII 4:35-5:20 pm					

S.No	Course Code	Credit Hours	Subject	Teacher Name
1	PED 504	(4-0-0)4	Yoga Education	Mr. Rakesh Sahu
2	PED 505	(4-0-0)4	Educational technology & Methods of Teaching in Phy Edu	Mr. Ashok Kumar Singh
3	PED 506	(4-0-0)4	Organization & Administration in Physical Education	Mr. Ashish Massey
4	PED 514	(4-0-0)4	Sports Nutrition & Weight Management	Mr. Ajay Kumar
5	PED 522	(0-0-8)4	Track & Field (Jumping Event) Practical	Dr. Sunita B John
6	PED 525	(0-0-8)4	Yoga (Practical)	Mr. Rakesh Sahu
7	PED 528	(0-0-8)4	Badminton (Practical)	Mr. Ajay Kumar
8	PED 531	(0-0-8)4	Teaching Practice General Lesson (Practical)	Dr. Achint Tarrance

  
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